

Curriculum Vitae

Personal Information

Name	Ola AbdulKarim Musa Al-Hwayan
date and place of	Amman- Jordan 4/6/1978
the college	Faculty of Educational Sciences – University of Jordan
Section	Counseling and Special Education Department
Telephone	+962 776723475
E-mail	o.alhwayan@ju.edu.jo

Academic qualifications

Degree	Specialization	The source of the certificate	Certificate date
Ph.D	Psychological and educational counseling	University of Jordan	2011
Master's	Counseling and mental health	University of Jordan	2004
Bachelor's	Psychological and educational counseling	University of Jordan	2000
High school	Literary section	Jordanian Ministry of Education	1996

Specialization and areas of interest

General specialty	Psychological and educational counseling
Exact specialization	Psychological and educational counseling
Areas of interest	Marriage and family counseling / counseling by playing

Title and abstract of the doctoral dissertation**Effectiveness of a play therapy program in improving level of social skills, self-concept and psychological resilience of physically abused children.**

The purpose of this study was to investigate the effectiveness of a counseling program based on play therapy in improving the level of social skills, self-concept and the resilience level in a sample of physically abused children. The sample consisted of six physically abused children (two males, and four females) at the Hussein Social Institute. The single case study design was used, and the sample was chosen purposively. The researcher used three instruments: the first was the social skills test (created by the researcher based on a review of related literature), the Piers Harris children's self-concept scale, and finally the Connor-Davidson resilience scale. Validity and reliability have been constructed for the three scales for the Jordanian sample; furthermore, a pre-post test method was used. The counseling program (which was built by the researcher) consisted of fifteen sessions; ten of those sessions were administered individually to all children, following that five group sessions was administered where all children joined together in a game room. The results showed significant improvement on the three instruments according to the post scores for all the children, which might lead us to the effectiveness of the counseling program used. The study recommends that the institutions caring for abuse children benefit from these programs. It also recommends needing more effective programs about the play therapy with children with different ages and other of abuse.

Employment record

Function	The employer and	Date
Co-professor	University of Jordan	(2021 to date)
Assistant Professor	University of Jordan	(2016 - 2021)
Full-time lecturer on PhD	University of Jordan	(2014- 2016)
Full-time master's lecturer	University of Jordan	(2012 - 2014)
Field Training Supervisor	University of Jordan	(2006 - 2012)

Administrative work and committees

Title of administrative work/committees and tasks	Date
Assistant Dean of the Faculty of Educational Sciences for School and Kindergarten Affairs	2022
Chairman of the Board of Directors of the University of Jordan Nursery	(2021 – 2022)
An arbitrator for the Journal of Studies: Educational Sciences – University of Jordan.	
Representative of the Faculty of Educational Sciences in the University Council	
Member of the Committee to Investigate Student Cases at the University of Jordan.	
Member of the Guidance Committee for New Students – University of Jordan.	
Member of the University of Jordan Student Council Elections Committee – The University of Jordan.	
Member of the Committee for the Development of Study Plans in Psychological and Educational Counseling, Faculty of Educational Sciences – University of Jordan.	

Published scientific research

Name of the researcher(s)	Research title, publisher and date
<ul style="list-style-type: none"> • Dr-Suhaib Khaled Al-Takhayneh • Wejdan Karaki • Ola Abdel Alkareem Alhwayan 	<p>Mother’s Lifestyle in Digital Era, Life Satisfaction and Well-being: Moderating Role of E-Learning Anxiety among Jordanian Mothers of Grade 1-3 Students Pakistan Journal of Life and Social Sciences</p>
<p>Ola al hwayan</p>	<p>Predictive Ability of Future Anxiety in Professional Decision-Making Skill Among a Syrian Refugee Adolescent in Jordan Journal of Occupational Therapy International</p>
<p>Amjed Abojedi Fayez Mahamid Ola alhwayan</p>	<p>Factorial Structure and Psychometric Properties of the Arabic Mobile Addiction Scale <i>Journal of Concurrent Disorders. JCD</i></p>
<p>Julia Khatatbeh / Ola AlHwayan</p>	<p>Family disintegration and its relationship to cyberbullying among adolescent students in private schools in Amman. Journal of the Islamic University for Educational and Psychological Studies. (2020)</p>

P
r
e
d
i
c
t
i
v

<p>Ola Alhwayan / Fayez AlMahamid</p>	<p>The Effectiveness of a Counselling Program Based on Play in Reducing Sleep Disorders in Children of Sexual Abuse. Journal of Social Studies Educaion.(2019) .</p>
<p>Bassam AlAbdallat / Abdullah AlMahaira/ Ola AlHwayan</p>	<p>The level of psychological stress and psychological resilience among students with special needs at the University of Jordan. Journal of University of Jordan Studies. (2018)</p>
<p>Ola AlHuwayian</p>	<p>The effect of a preventive program in reducing aggressive behaviors among basic stage students in Jordan. Journal of University of Jordan Studies. (2017)</p>
<p>Ola AlHwayan / Nassima AlDaoud</p>	<p>The effectiveness of a counseling program based on play therapy in improving the level of social skills and psychological resilience of physically abused children. Journal of University of Jordan Studies.</p>

Theses that have been supervised

<p>Letter title and date</p>	<p>student's name</p>
-------------------------------------	------------------------------

<p>The effect of a counseling program based on individual psychology on developing social interest among a sample of orphaned refugee children in Jordan(2022)</p>	<p>Al-Dehmes, Alaa Mohammad</p>
<p>Contribution of social support and ego strength the tendency to relapse among recovering addicts in the state of kuwait. (2022)</p>	<p>Dashti, Khaleda Ali</p>
<p>The reality of counseling services provided to students in light of online education in the schools of the university district in the light of global standards for guidance. (2022)</p>	<p>Khawalda, Zahraa Salem</p>
<p>Psychological structure, thinking styles, and their relationship to aggressive behavior among a sample of delinquentmale juveniles in juvenile parenting homes inJordan. (2021)</p>	<p>Al-Ramahi, Abd Ali</p>
<p>The relation between mindfulness and psychological flow among students of the educational sciences college at university of Jordan. (2021)</p>	<p>Talafha, Muntaha Zakaria Salim</p>

<p>The level of psychological distress in light of Covid-19 Pandemic and how it relates to motivating adolescent students in Amman 11 schools to study from their point of view preparation.(2021)</p>	<p>Asfour, Renata Grace Boulis</p>
<p>Cultural intelligence and its relationship with the psychological well-being among foreign students at the university of Jordan. (2020)</p>	<p>AL-Taimat, Wasfi Nabil</p>
<p>Effectiveness of a counseling program based on stress inoculation strategies to reduce future anxiety and improve the level of psychological adaptation in a sample of adolescent student of the Syrian refugees in Sahib region.(2019)</p>	<p>Abu Jamaa, Mahmoud Mohammad Mahmoud</p>
<p>Sleeping disorders and their relation to behavior problems among abused women in Jordan. (2019)</p>	<p>Ghudaybat, Ghaida Abdel Rahman</p>
<p>Family disintegration and social intelligence and their relationship to electronic bullying among adolescent students in private schools in Amman. (2019)</p>	<p>Kataiba, Julia Saleh</p>

Participation in conferences and scientific seminars

The name of the conference and the organizing body	The place and date of its	Type of participation
Higher Education Conference in the Arab World Towards Global Competitiveness	Jordan 2016	Preparation and organization
Education conference in the Arab world towards a distinct educational system	Jordan 2018	Preparation and organization
Family and societal harmony conference	Jordan 2019	Presence
Guidance and counseling conference towards societal openness	Sultan Qaboos University, Sultanate of Oman 2018	research paper

training courses

The name of the course and the organiser	Date
Workshop on stress management, Sultan Qaboos University	2018
You and I workshop, Sultan Qaboos University	2018
Sand therapy workshop, Sultan Qaboos University	2018

Courses held by the Quality Assurance Center at the University of Jordan (blended learning, exam preparation, university theses supervision, statistical analysis, interactive learning, social communication, educational leadership, class management, creativity and innovation, teaching methods....)	
Training courses for the development of faculty members at the University of Jordan under the supervision of the Quality Assurance Center.	(2014 – 2020)
300 training hours in the clinic of the psychiatrist, Prof. Dr. Abdel–Manaf Al–Jadri, a psychiatrist at the University of Jordan Hospital	(2008 – 2010)
Holding seminars for students on the dangers of drugs, marital adjustment, and the dangers of smoking and obesity	
Qualifying courses for the supervisors of the internal housing at the University of Jordan	2016
Children and Creativity / Dar Al–Arqam Schools / Jordan	2013
University and societal violence / Yarmouk University / Jordan	2012
Training child victims of abuse / Al–Hussein Social Foundation	2012
Educational counselors course: reality and challenges	2010
Play therapy course / Bana Center for Psychological Consultation and Training	2008

Training educational counselors: psychological and educational counseling / Jordanian Ministry of Education	2008
Psychological tests and measurements / University of Jordan	2007
Communication skills in counseling / University of Jordan	2006
Behavior modification: skills and competencies / The University of Jordan	2005

Teaching activities

Courses and study materials	Bachelor	Graduate Studies
Collective counseling	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Psychological counseling theories	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Counseling skills and methods	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Field training in extension	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Communication skills in counseling	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Preventive counseling	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Rehabilitation counseling	<input checked="" type="checkbox"/>	<input type="checkbox"/>
School counseling	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Principles of group counseling	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Psychological pressure	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Principles of psychological and educational counseling	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Behavior Modification	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Field training in extension	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Evaluation and diagnosis in counseling	<input checked="" type="checkbox"/>	<input type="checkbox"/>
personality and adaptation	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Psychological health	<input type="checkbox"/> √	<input type="checkbox"/>
Theoretical trends in counseling	<input type="checkbox"/> √	<input type="checkbox"/>
Introduction to family counseling	<input type="checkbox"/> √	<input type="checkbox"/>
Life skills	<input type="checkbox"/> √	<input type="checkbox"/>
Educational and vocational counseling	<input type="checkbox"/> √	<input type="checkbox"/>

skills and languages

The ability to use computer programs such as Office, Photoshop, Adobe, SPSS, and other programs used in distance education or e-learning

Fluency in Arabic and English, writing, reading and speaking.

Design of computerized educational programs

Membership in professional scientific bodies and societies

The name of the body and the professional scientific	Date
Juwaida Charity Association	2005 to date
Jordan Transparency Center	2019 to date